

Engage HR

L E A D E R S H I P

THE INTENTIONAL HR LEADER WORKSHOP

HR professionals are powerful leaders, often without the formal title, team or authority their responsibilities demand. They are expected to know the laws, hold culture, navigate conflict, support leaders and stabilize the organization, often while feeling unseen, unheard and overwhelmed.

The Intentional HR Leader workshop helps HR professionals reclaim clarity, confidence and presence. Participants learn how to lead with grounded authority, communicate with influence, and release the emotional burden of “carrying the culture” alone. This session offers a powerful reset, helping HR professionals step into the strategic leadership their role truly requires.

What Participants Will Learn

- ✓ Strengthened leadership presence — how to show up with authenticity, confidence and clarity.
- ✓ Strategic communication under pressure — how to speak with calm authority, even in messy conversations.
- ✓ Emotional boundaries for HR — releasing the need to absorb everyone’s stress, conflict and expectations.
- ✓ Influence without force — how to be heard and respected by executives and decision-makers.
- ✓ How to shift from reactive to intentional leadership, responding with purpose instead of operating from burnout.
- ✓ Tools to maintain calm in chaos — internal practices that restore energy, resilience, and focus.

This workshop is designed for HR professionals at every level, including:

- HR Managers & Directors
- HR Business Partners
- People & Culture Leaders
- Talent & Development Professionals
- Organizational Development Leaders

Anyone who influences culture, conflict or people will benefit.

What Makes This Workshop Unique

- Focuses on energetic leadership, not just policies or procedures
- Addresses the emotional labor HR silently carries
- Helps participants feel seen, validated, and empowered
- Blends practical tools with internal alignment and presence
- Designed specifically for the realities of modern HR leadership

This is not traditional HR training, it's leadership activation.

danielle.shroyer@engage-hr.com • www.engage-hr.com • 843.934.2615